Dear Delegate,

A warm welcome to all attending the workshop on: “New frontiers in multiple sclerosis management”.

I would like to inform you that as of 28 April 2014 the name of our Foundation changed to EXCEMED – Excellence in Medical Education. The name change will not impact your registration status in this or any other Foundation event.

This transition marks an exciting point in the evolution of the Foundation. We are proud to have provided world-class education to thousands of healthcare professionals over the past four decades - as a result, the Foundation has become synonymous with delivery excellence and high-impact CME.

As we further develop our scientific and geographical presence it is important to us that our name accurately reflects the independent nature of the education we provide; EXCEMED symbolises our enduring mission to support the best possible outcomes for patients through the medical education we offer. We take pride in our complete dedication to the provision of CME - it is our sole focus and our passion.

I wish you an inspiring and successful learning experience here in Istanbul.

Yours sincerely,

Rachel Clark
CEO, EXCEMED
Aim

In recent years the clinical management of multiple sclerosis (MS) has been changed thanks to new advances in MS pathology and treatment. Given that a correct early diagnosis remains the most critical point, a whole range of new drugs are available to minimise MS activity and slow disease progression. In addition, scientific discoveries on the role of environmental factors as a disease modifier, have changed MS management even in the preclinical phases. Despite the effectiveness of new treatments, MS is still a complex disorder that requires multidisciplinary management to recognize and treat symptoms related to the disease and to improve patients’ quality of life. This live educational event aims to review the latest scientific insights on MS pathogenesis and to discuss how best, at different phases of MS, to deliver these new treatments in practice.

Learning objectives

By attending this live educational workshop the learners will be able to:

• Describe the role of genetics and environment in MS pathogenesis
• Recognize and interpret the clinical and neuro-radiological hallmarks of MS in the diagnostic workup
• Summarize the therapeutic recommendations about the use of new disease modifying drugs

Target audience

Young neurologists involved in MS management.

EXCEMED adheres to the principles of the Good CME Practice Group (gCMEp).

Register to EXCEMED website:
www.neurology.excemed.org

follow us on
http://twitter.com/EXCEMED_Neuro
Scientific organisers

**Giancarlo Comi**  
Department of Neurology  
Institute of Experimental Neurology  
Vita-Salute San Raffaele University  
Milan, Italy

**Aksel Siva**  
Department of Neurology  
Istanbul University  
Cerrahpasa School of Medicine  
Cerrahpasa, Istanbul, Turkey

---

**We value your opinion!**

We are continually trying to develop and improve our educational initiative to provide you with cutting-edge learning activities.

Before this live educational event you will be receiving an online survey, during the workshop you will be asked to answer a real time survey and after it you will be receiving a post online survey to better tailor our future educational initiatives.

**We thank you for participating!**
Faculty members

**Maria Pia Amato**
Department of Neurological and Psychiatric Sciences
University of Florence
Florence, Italy

**Giancarlo Comi**
Department of Neurology
Institute of Experimental Neurology
Vita-Salute San Raffaele University
Milan, Italy

**Mauro Comola**
Department of Neurology
Neurorehabilitation Unit
Scientific Institute San Raffaele
Milan, Italy

**Tomas Olsson**
Department of Clinical Neurosciences
Neuroimmunology Unit
Center for Molecular Medicine
Karolinska Hospital
Stockholm, Sweden

**Àlex Rovira**
Unit of Magnetic Resonance
Department of Radiology
Vall d’Hebron University Hospital-IDI
Barcelona, Spain

**Aksel Siva**
Department of Neurology
Istanbul University
Cerrahpasa School of Medicine
Cerrahpasa, Istanbul, Turkey
<table>
<thead>
<tr>
<th>Time</th>
<th>Session I</th>
<th>Session II</th>
<th>Session III</th>
</tr>
</thead>
<tbody>
<tr>
<td>14.30</td>
<td>Institutional opening and welcome</td>
<td></td>
<td></td>
</tr>
<tr>
<td>14.45</td>
<td>L1: Genetic and environmental risk factors in MS T. Olsson (Sweden)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>15.15</td>
<td>L2: Differential diagnosis: the role of MRI À. Rovira (Spain)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>15.45</td>
<td>CC1: Clinical cases on MRI (participants split into two parallel groups) À. Rovira (Spain) - A. Siva (Turkey)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>16.30</td>
<td>Coffee break</td>
<td></td>
<td></td>
</tr>
<tr>
<td>17.00</td>
<td>L3: The role of rehabilitation in MS M. Comola (Italy)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>17.30</td>
<td>L4: Cognitive dysfunctions: assessment and treatment options M. P. Amato (Italy)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>18.00</td>
<td>Coffee break</td>
<td></td>
<td></td>
</tr>
<tr>
<td>18.30</td>
<td>L5: Treatment options: state of the art and pipeline A. Siva (Turkey)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>19.00</td>
<td>CC2: Clinical cases on treatment algorithms (participants split into two parallel groups) M. P. Amato (Italy) - A. Siva (Turkey)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>19.45</td>
<td>L6: Treatment options: which drug at what time? G. Comi (Italy)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>20.15</td>
<td>Wrap-up session and general discussion</td>
<td></td>
<td></td>
</tr>
<tr>
<td>20.30</td>
<td>End of the workshop</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Closing dinner</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
General information

Venue
This live educational workshop will take place at the:
The Sofa Hotel
Tesvikiye Caddesi, No:41-41A - 34367 Nisantasi, Istanbul, Turkey
www.thesofahotel.com

Language
The official language of this live educational workshop will be English. Simultaneous translation English from/to French will be provided for the workshop in both meeting rooms.

Registration
The full registration fee is €244,00
This fee includes:
- Scientific sessions
- Coffee breaks and luncheons
- Educational materials
- Certificate of attendance
- Congress dinner

Scientific secretariat
EXCEMED - Excellence in Medical Education
Salita di San Nicola da Tolentino, 1/b - 00187 Rome, Italy
Associate Programme Manager: Francesca Cucciolla
T +39 06 420413 315 - F +39 06 420413 677
E-mail: info@excemed.org
Medical Advisor: Doriana Landi
EXCEMED is a Swiss Foundation with headquarters in 14, Rue du Rhône, 1204 Geneva, Switzerland

Organising secretariat
Meridiano Congress International
Via Sapri, 6 - 00185 Rome (Italy)
Congress Coordinator: Concetta Alvino
Tel: +39 06 88595 310 - Fax: +39 06 88535 234
E-mail: c.alvino@meridiano.it

All EXCEMED programmes are organized solely to promote the exchange and dissemination of scientific and medical information. No forms of promotional activities are permitted. This programme is made possible thanks to an educational grant received from Merck Serono.
Multiple sclerosis (MS), as a chronic neurodegenerative disease, is an area of huge medical and scientific challenge. MS has several forms and can progress in different ways. It always represents a severe burden for people affected and for their relatives. Even in the milder relapsing remitting form, the central nervous system damage progresses, both during relapses and in the asymptomatic phases, and physical and cognitive disabilities increase accordingly. For many years, there was little understanding of how best to manage this disease. Thanks to the efforts of neurologists involved in clinical practice, of geneticists, immunologists and many other scientists working in this field, new diagnostic and therapeutic tools have been developed. Since the 1990s, EXCEMED has provided MS specialists with educational activities to help improve their knowledge and share expertise. EXCEMED aims to encourage the good interaction between physicians, other health care professionals and patients, which is vital in diagnosis and treatment of MS. Success in developing educational tools for treating MS has encouraged EXCEMED to extend its work to other neurodegenerative diseases such as Parkinson’s and Alzheimer. In these fields, EXCEMED offers the same balanced and unbiased quality content. Conferences in South America and Canada have been organized, consolidating in this way, the role of EXCEMED as a worldwide medical education provider.

Visit the neurology section: www.neurology.excemed.org and register to access free e-learning activities and receive updates on new events and resources.
Improving the patient’s life through medical education

www.excemed.org