

The Europe-Cuba Diabetes Network

Webinar-1

Realities in comparison: diabetes facts
and novel insights to halt the metabolic emergency

Tuesday, 14 September 2021 - 16:00 CEST



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Aim

Diabetes mellitus is a major global health threat affecting people from all socioeconomic status, races and countries, being among the top 10 causes of death worldwide. While diabetes is a disease without boundaries, differences exist in its epidemiology and in its clinical and pathological characteristics among different populations. Furthermore, differences in healthcare systems may lead to different approaches to tackle the disease and to different outcomes, further enhancing discrepancies characterizing the diabetes burden in different countries. It is therefore crucial to overcome the boundaries between countries and regions, in order to provide the best of diabetes care to all the people living with diabetes worldwide.

In this context, the "Europe-Cuba Diabetes Network" proposed by EXCEMED is a unique opportunity to build a multidisciplinary partnership for scientific and cultural exchange between Europe, leader in research and pharmacotherapy in diabetes, and an historically isolated country, Cuba, which has however emerged as an unexpected excellence in diabetes care despite the paradigm of low-care in low-income countries, embracing a comprehensive approach to the disease made of medical education, prevention programs and high-quality research.

The webinar series developed within the project has been thought as a first opportunity to share and merge scientific knowledge among European and Cuban researchers and practitioners devoted to diabetes. The first webinar of the series will focus on the epidemiology of type 1 and type 2 diabetes in Europe and Cuba and on a comparison of the initiatives to prevent diabetes planned in the two realities. To this aim key opinion leaders from Cuba and from different European countries have been gathered under one roof, with the final goal to build a long-lasting network to improve the life of people with diabetes.

Learning objectives

At the end of this event, attendees are expected to:

- Increase the awareness about differences in the prevalence and incidence trends of diabetes between Cuba and Europe
- Deepen the causes of differences in diabetes prevalence between Cuban and European people
- Learn about effective strategies to prevent diabetes in different ethnic groups
- Understand the importance of tailoring educational programs for diabetes prevention on the need of each population

Target audience

This workshop is designed for General practitioners, Endocrinologists, Diabetologists, Internal Medicine and Public Health Specialists.

Chairman

Antonio Ceriello

Diabetes Department - IRCCS MultiMedica
Milan, Italy

Registration

Registration is free of charge.

[CLICK HERE FOR REGISTRATION](#)

(Zoom video-conference)

NEW: Click here to join the webinar on [Facebook](#)

Organizing Secretariat

For any information please contact:

EXCEMED

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SCIENTIFIC AGENDA - September 14th, 2021 CEST time

- 16.00-16.10 **Introduction**
Antonio Ceriello, Italy
- Session 1: EPIDEMIOLOGY OF TYPE 1 AND TYPE 2 DIABETES: WHICH DIFFERENCES BETWEEN EUROPE AND CUBA (AND WHY?)**
- 16.10-16.30 **The European perspective**
Paolo Pozzilli, Italy
- 16.30-16.50 **The Cuban perspective**
Oscar Diaz Diaz, Cuba
Eduardo Cabrera-Rode, Cuba
- 16.50-17.00 **Discussion**
- Session 2: DIABETES PREVENTION PROGRAMS: CHALLENGES FOR INTEGRATED APPROACH**
- 17.00-17.20 **IDF Diabetes Prevention Education program**
Akhtar Hussain, Norway
- 17.20-17.40 **Diabetes prevention initiatives in Europe**
Jaakko Tuomilehto, Finland
- 17.40-18.00 **Global Network for Diabetes prevention**
Peter Schwarz, Germany
- 18.00-18.20 **Diabetes prevention initiatives in Cuba**
Oscar Diaz Diaz, Cuba
- 18.20-18.30 **Discussion**
- 18.30-18.45 **Wrap-up**

